

Name \_\_\_\_\_

Date \_\_\_\_\_



## MY PATH TO GETTING FITTER – IDENTIFYING YOUR LEARNING NEEDS

### SELF ASSESSMENT: Injection technique, infusion and safety education and training needs

#### Clinicians to grade themselves (by clicking radio button):

1 = I need full support

2 = I need some support

3 = I don't need support

Understanding evidence on skin and subcutaneous thickness in children, adolescents and adults

1      2      3

How to inject with a pen and pen needle

1      2      3

How to Inject with a Syringe

1      2      3

Minimizing risk of intramuscular injection

1      2      3

How to select needle lengths for children, adolescents, normal weight adults and obese persons

1      2      3

Providing optimal injection site care

1      2      3

Rules for analogues, human insulins and GLP-1 agents

1      2      3

Lifting a skin fold

1      2      3

Providing optimal insulin delivery during pregnancy

1      2      3

Understanding the role of the Health Care Professional

1      2      3

Managing psychological challenges of injecting children and adults

1      2      3

Delivering therapeutic education

1      2      3

How to diagnose, treat and prevent lipotrophy

1      2      3

Identifying correct injection sites

1      2      3

Preventing needle reuse

1      2      3

Minimizing bleeding and bruising

1      2      3

Avoiding insulin leakage

1      2      3

Minimizing injection pain

1      2      3

Managing patient anxiety and fear of injections

1      2      3

Managing patients with needle and blood phobia

1      2      3

Preparing children, adolescents, adults and the elderly for injecting

1      2      3

How to correctly store insulin

1      2      3

Implications of needle geometry

1      2      3

How to deliver improved insulin flow with CSII (continuous subcutaneous insulin infusion).

1      2      3

How to prevent needlestick injuries, and sharps safety risk management

1      2      3

Managing appropriate sharps disposal

1      2      3

How to diagnose, treat and prevent lipohypertrophy

1      2      3

Managing psychological challenges of injecting children and adults

1      2      3